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精液檢驗採檢說明

Instructions for Semen Specimen Collection

1. 採檢前應禁慾 2~7 天，不可超過 7 天

(如需多次採集精液，每次禁慾天數需保持一致)

Maintain sexual abstinence for 2 to 7 days prior to collection. Do not exceed 7 days of abstinence. (If multiple samples are required, the duration of abstinence should remain consistent for each collection.)

2. 用手淫方式將一次全量的精液檢體，收集至無菌塑膠收集盒中

(採樣時不可使用保險套或潤滑劑)

The entire ejaculate must be collected into a sterile plastic container via masturbation. (Do not use condoms or lubricants during collection.)

3. 送檢時檢體應保持室溫 (18~28°C)，不可冷藏或加溫。

Maintain the specimen at room temperature (18–28°C) during transport. Do not refrigerate or apply heat.

4. 病人採取檢體後請在檢驗單上註明收集時間，並於半小時內送達檢驗科抽血櫃台。

Record the exact time of collection on the laboratory requisition form. The specimen must be delivered to the Phlebotomy Counter within 30 minutes of ejaculation.

5. 可至 5 樓生殖醫學中心的精液採集室採取精液，使用過後請保持環境整潔。

A dedicated semen collection room is available at the Reproductive Medicine Center (5th Floor). Please maintain the cleanliness and order of the environment after use

6. 收件時間 (Specimen Receiving Hours) :

6.1 週一至週五 08:00 – 16:30 (Monday to Friday: 08:00–16:30)

6.2 逾時、週日及國定假日恕不受理

Specimens will not be accepted after hours, on Sundays, or on national holidays.

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