



佛教慈濟
醫療財團法人 台北慈濟醫院
Taipei Tzu Chi Hospital, Buddhist Tzu Chi Medical Foundation

痰液檢驗採檢說明

Sputum Collection Instructions

1. 採檢前請以溫開水漱口數次，若有假牙請先取下。

Before collection, rinse your mouth several times with warm water. Remove dentures if applicable.

2. 深吸一口氣，由胸腔深處用力咳出痰液。

Take a deep breath and cough deeply to produce sputum from the lungs.

3. 將痰液直接吐入採檢容器，避免混入口水、鼻涕或食物殘渣。

Spit sputum directly into the collection container. Avoid saliva, nasal discharge, or food particles.

4. 採檢後請儘速送檢；若無法立即送檢，請冷藏保存（2-8°C），保存時間勿超過 24 小時。

Submit the specimen as soon as possible. If delayed, refrigerate (2-8°C) and submit within 24 hours.

5. TB 菌培養檢查需採集 3 件檢體，可每日送檢；亦可連續 3 日採集後冷藏保存，再一併送檢。

For TB culture testing, three specimens are required. They may be submitted daily or refrigerated after collection on three consecutive days and submitted together.

6. TB 菌培養檢體收檢時間為週一至週四；國定假日及政府公告停班日不收檢。

TB culture specimens are accepted Monday through Thursday only. Specimens are not accepted on national holidays or official government-declared days off.

佛教慈濟醫療財團法人台北慈濟醫院檢驗科感恩合十

連絡電話：02-6628-9779 分機 3320