



尿液檢體留取與送檢說明

Urine Specimen Collection and Delivery Instructions

1. 請先排掉前段尿液。

Please void and discard the initial portion of the urine stream.

2. 以拋棄式塑膠杯收集中段尿液，約 1/3 杯。

Collect the midstream portion of urine using a disposable plastic cup, filling approximately one-third of the cup.

3. 再將尿液倒入尿液試管至約 11 mL 刻度，並確實旋緊瓶蓋。

Transfer the urine into a urine specimen tube up to the 11 mL mark and ensure the cap is securely tightened.

4. 將尿液試管放置於醫院二樓在廁所的檢體傳送箱指定之試管孔內。

Place the urine specimen tube into the designated tube slot of the specimen transport box located in the restroom area on the second floor of the hospital.

5. 若是在家中留取檢體，請於 1 小時內送至醫院二樓門診收檢櫃台。

If the specimen is collected at home, it must be delivered to the outpatient specimen collection counter on the second floor within 1 hour of collection.

6. 檢體量少於 3 mL 或留取後超過 1.5 小時送達，恕不受理。

Specimens with a volume of less than 3 mL, or specimens delivered more than 1.5 hours after collection, will not be accepted.

7. 女性病人於月經期間不建議進行尿液檢驗，請於經期結束 3 天後再留取檢體。

Urine testing is not recommended for patients during menstruation. Female patients should collect the specimen at least 3 days after the end of the menstrual period.

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