

Ellipta[®] Inhaler

Step-by-Step Guide



- 1 Open the cover.**
Hold the inhaler upright and slide the cover down as far as it will go until you hear a “click”.



- 2 Breathe out gently.**
Exhale away from the mouthpiece. Then place your lips over the mouthpiece and seal them tightly. Keep the inhaler level and do not cover the air vent.



- 3 Inhale deeply.**
Take a long, steady, deep breath through your mouth.



- 4 Hold your breath.**
Hold your breath for about 5–10 seconds.



- 5 Exhale slowly.**
Breathe out gently and slowly. Do not exhale into the inhaler.



- 6 Close the cover.**
Wipe the mouthpiece with a dry tissue or cloth, then close the cover. You will hear a “click” when it is closed.



- 7 Rinse your mouth.**
Rinse your mouth with water 2 times and spit it out.

★ If you have any questions, please consult your doctor or pharmacist.



!!! IMPORTANT !



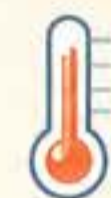
1. Use your medication at the same time every day to maintain consistent control.



2. Rinse your mouth after each dose to help reduce the risk of hoarseness and oral thrush.



3. The powder dose is very small. Even if you do not taste or feel the powder, you are still getting your full dose.



4. Store at room temperature in a dry place. Keep away from moisture, heat, and direct sunlight. Do not refrigerate or freeze (do not store above 50°C).

● How do I know how much medicine is left?



When the counter shows less than **10**, your medication is running low. Please schedule a follow-up visit or refill.



When the counter shows **0** and the indicator turns red, the inhaler is empty. You need a new inhaler.

● How do I clean the inhaler?

Clean the inhaler at least once a week. Use a clean, dry tissue or alcohol wipe to gently wipe the mouthpiece. Do not use a hairdryer to dry it. Do not wash the inhaler or the canister with water.



Keep upright



Exhale gently



Inhale deeply



Hold 5–10 sec



Rinse twice