



【門診輸血與疑似輸血不良反應注意事項】

Outpatient Transfusion and Management of Suspected Transfusion Reactions

一、報到與輸血時間：

- 依注射室與化療室上班時間：輸血病人請至注射室或化療報到後，需在現場靜候安排位置及等候治療，感恩您的配合。

二、更改輸血日期規定：如須更改輸血日期，應至少於原預定治療日之前與輸血單位連絡，否則視同放棄。

三、對本說明書內容若有疑問，請向門診護理師洽詢。

四、輸血前之備血可於輸血前 72 小時內完成，若輸血病人需當日備血，需輸注紅血球者，則須等候約 0.5-1 小時，需輸注輸血小板者，則依血庫當日庫存與捐血中心供血狀況而定。另輸血完成時間則依個別情況而定。

五、特殊注意事項

➤ 輸血前注意事項：

1. 填妥輸血治療同意書。
2. 輸血當日不需禁食，口服藥物請照常服用(尤其是降血壓藥物)。
3. 若醫師有開立輸血前預防過敏藥物或利尿劑，領藥後請一併攜帶至輸血單位，交由輸血護理師處理。
4. 輸血前建議先如廁。
5. 若需輸特殊血品(如：RH陰性血品、洗滌紅血球、特殊抗體之紅血球或血小板等)，醫師會告知病人，同時亦會通知血庫，血庫會向台北捐血中心預定此等特殊血品。

➤ 輸血中注意事項：

1. 輸血護理師與病人均需留意輸血過程中是否有產生輸血反應(如發燒、寒顫、皮膚出疹、發癢或其他不適等)，有需要時醫護人員會提供適當處置。

➤ 輸血後注意事項：

1. 輸血病人返家後請繼續留意體溫及血壓變化，如產生延遲性輸血反應時(如發燒、寒顫、皮膚出疹、發癢或其他不適等)，**請立即返回急診就醫**。

六、其他注意事項：

1. 儘量由家屬陪同輸血。
2. 當血庫執行備血作業時，如發現該檢體有疑似抗體之產生，血庫會通知輸血病人再前來抽血檢驗。
3. 若血庫當時無合適血品，須向捐血中心訂血，會請輸血病人擇日再來輸血。
4. 若輸血病人發生以下情形：「當日需要輸血治療但已超過報到時間」、或「輸血前評估有體溫大於38°C」、或「血壓大於160mmHg」、或「輸血過程中有發生嚴重輸血反應」，輸血病人請立即前往急診掛號看診。



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I. Check-in and Transfusion Times

- Operating Hours: Please report to the Injection Room or Chemotherapy Room. Patients must remain on-site after check-in to wait for seating and treatment. Thank you for your cooperation.

II. Rescheduling Policy

- To change your transfusion date, please contact the transfusion unit at least one day before the scheduled date. Otherwise, the appointment will be considered forfeited.

III. Inquiries

- If you have any questions regarding these instructions, please consult the outpatient nursing staff.

IV. Blood Preparation and Timing

- Blood preparation can be completed within 72 hours before the transfusion. If preparation is required on the same day:
 - Red Blood Cells: Estimated wait time of 0.5–1 hour.
 - Platelets: Wait time depends on current blood bank inventory and supply from the Blood Center.
 - The total time required for transfusion completion varies by individual case.

V. Special Precautions

- **Before Transfusion:**
 1. Complete and sign the Transfusion Consent Form.
 2. Fasting is NOT necessary. Please take your oral medications as usual (especially blood pressure medication).
 3. If you have been prescribed pre-transfusion anti-allergy medication or diuretics, please bring them to the transfusion unit and hand them to the nurse.
 4. It is recommended to use the restroom before starting the transfusion.
 5. For special blood products (e.g., Rh-negative, washed red cells, or products with specific antibodies), the physician will inform you and notify the blood bank to place an order with the Taipei Blood Center.
- **During Transfusion:**
 1. Both the nurse and the patient should monitor for transfusion reactions (e.g., fever, chills, rash, itching, or other discomfort). Medical staff will provide immediate care if needed.
- **After Transfusion:**
 1. Continue to monitor your temperature and blood pressure after returning home. If delayed reactions occur (e.g., fever, chills, rash, or itching), **please seek immediate medical attention at the Emergency Department.**



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VI. Additional Notes

1. It is recommended that a family member accompany the patient.
2. If suspected antibodies are detected during the blood preparation process, the blood bank will notify the patient to return for further blood testing.
3. If suitable blood products are unavailable, the blood bank must order from the Blood Center; in this case, the patient will be asked to return on another day.
4. Patients must go to the **Emergency Department** immediately if:
 - Transfusion is needed but the check-in time has passed.
 - Pre-transfusion assessment shows a temperature $>38^{\circ}\text{C}$ or blood pressure >160 mmHg.
 - Severe transfusion reactions occur during the procedure

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