



【24 小時尿液檢驗】採檢說明 Urine Collection for 24 Hours

1. 第一天將早上起床第一泡尿解掉不收集（通常是從早上 8 點算起）。
The first void of urine in the morning shall be discarded (Starting form 8 A.M.)
2. 第二泡尿液開始收集至尿液收集袋中。VMA、17-KS、17-OHCS、5-HIAA 等檢驗項目須加入防腐劑。
Collect the second void of urine. Test item such as VMA、17-KS、17-OHCS、5-HIAA shall be added with preservatives.
3. 接下來的時間只要有尿液均需收集入尿袋。
Collect all urine into the container for the following voiding.
4. 收集至第二天早上 8 點，此次尿液要收集（共計 24 小時）。
The urine collection procedure shall be finished at 8 A.M. of next morning (24 hours in a total) .
5. 從尿袋所附之刻度計算尿總量，並記錄在檢驗單上。
Sum up the amount of urine via measuring the graduation marked on the container, and write it on the test requestion sheet.
6. 將整袋尿液充分混合。
Well mix the urine container (use pipet) .
7. 用吸管取尿液至空白尖底管（約 8 分滿），蓋上蓋子。
Rinse the test tube that previously filled in with preservatives, and aspirate the urine with pipet into the test tube (about 3/4 full) , cover it up with a cup.
8. 連同檢驗單、健保卡及尿液試管送至門診檢驗室（尿袋不用帶來）。
Deliver the test requestion sheet along with the centrifugal tube to OPD Lab.

注意事項：

1. 保存劑是鹽酸（6N HCL），有低腐蝕性，請小心不要傾倒出來。
The preservatives (6N HCL) is low corrosive. Please pay special attention not to topple it over.
2. 收集尿液期間可以正常飲食及飲水。
There is no limitation on food or drinking the period of urine collecting.

若有任何疑問，請電話詢問檢驗科抽血櫃台

For any questions, please call OPD Lab.